

**CONGRESSO
NAZIONALE SIGG**

**GLI ANZIANI:
LE RADICI DA PRESERVARE**
ROMA 28 novembre
01 dicembre **2018** Auditorium della Tecnica, Roma

La TAVI nell'anziano: a che punto siamo?

Niccolò Marchionni

**Ordinario di Geriatria, Università di Firenze
Direttore Dipartimento Cardiotoracovascolare
Azienda Ospedaliero-Universitaria Careggi**



Heart Disease and Stroke Statistics—2017 Update

A Report From the American Heart Association

Aortic stenosis: a
geriatric disease!

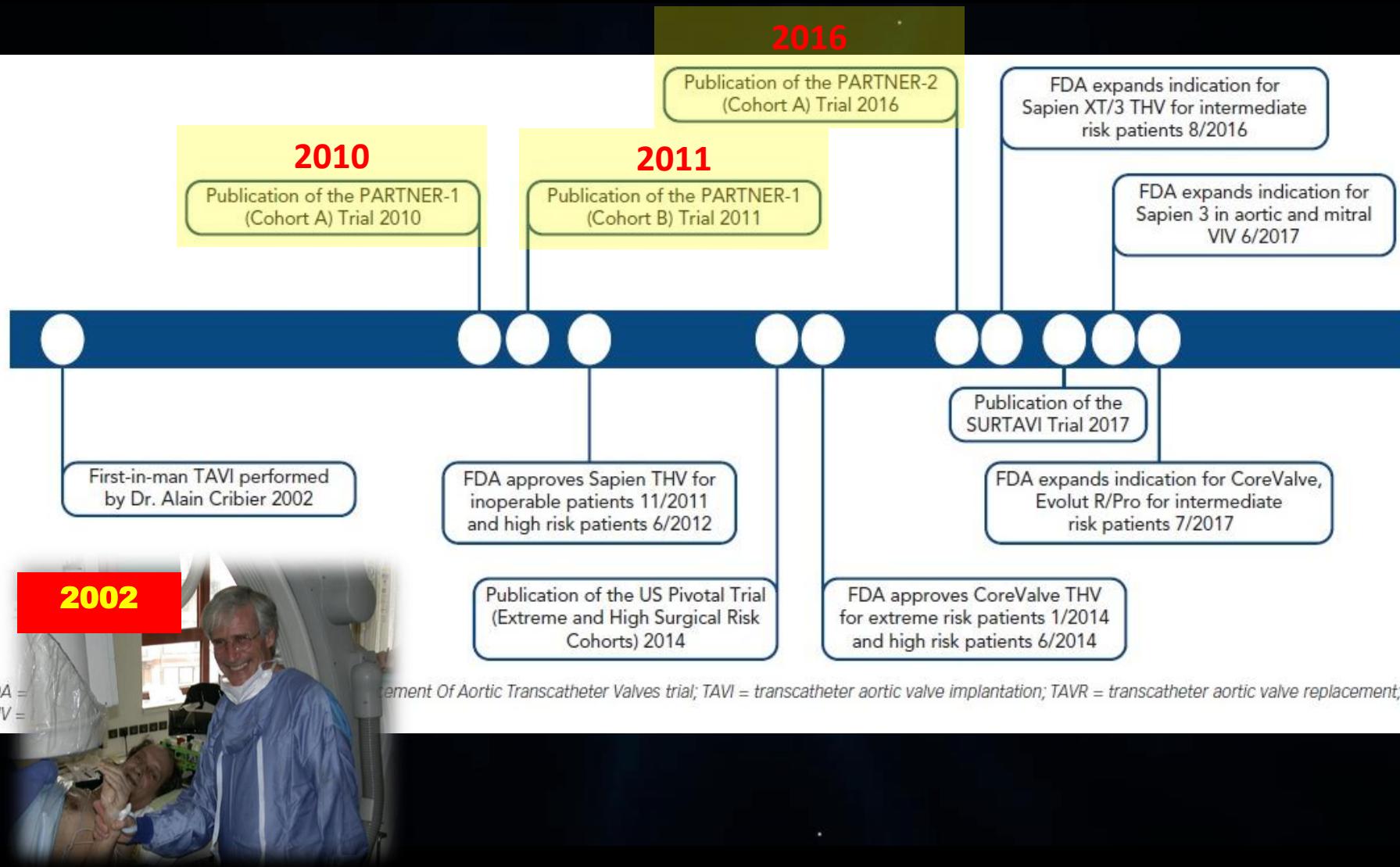
Table 22-1. Pooled Prevalence of Valvular Heart Disease

	Age, y					Trend	Frequency Adjusted to 2000 US Adult Population
	18–44	45–54	55–64	65–74	≥75		
Participants, n	4351	696	1240	3879	1745	...	209 128 094
Male	1959 (45)	258 (37)	415 (33)	1586 (41)	826 (47)	...	100 994 367 (48)
Mitral regurgitation (n=449)	23 (0.5)	1 (0.1)	12 (1.0)	250 (6.4)	163 (9.3)	<0.0001	1.7% (95% CI, 1.5%–1.9%)
Mitral stenosis (n=15)	0 (0)	1 (0.1)	3 (0.2)	7 (0.2)	4 (0.2)	0.006	0.1% (95% CI, 0.02%–0.2%)
Aortic regurgitation (n=90)	10 (0.2)	1 (0.1)	8 (0.7)	37 (1.0)	34 (2.0)	<0.0001	0.5% (95% CI, 0.3%–0.6%)
Aortic stenosis (n=102)	1 (0.02)	1 (0.1)	2 (0.2)	50 (1.3)	48 (2.8)	<0.0001	0.4% (95% CI, 0.3%–0.5%)
Any valve disease
Overall (n=615)	31 (0.7)	3 (0.4)	23 (1.9)	328 (8.5)	230 (13.2)	<0.0001	2.5% (95% CI, 2.2%–2.7%)
Female (n=356)	19 (0.8)	1 (0.2)	13 (1.6)	208 (9.1)	115 (12.6)	<0.0001	2.4% (95% CI, 2.1%–2.8%)
Male (n=259)	12 (0.6)	2 (0.8)	10 (2.4)	120 (7.6)	115 (14.0)	<0.0001	2.5% (95% CI, 2.1%–2.9%)

Values are n (%) unless otherwise indicated. ARIC indicates Atherosclerosis Risk in Communities study; CARDIA, Coronary Artery Risk Development in Young Adults; CHS, Cardiovascular Health Study; CI, confidence interval; and ellipses (...), not applicable.

Reprinted from *The Lancet* (Nkomo et al¹), with permission from Elsevier. Copyright © 2006, Elsevier Ltd.

TAVI History: from Big Bang to RCTs Landmarks



TAVI RCTs by patients' risk

TAVI patients: a geriatric population!

Leon MB, et al. for the PARTNER Trial Investigators

The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

JUNE 9, 2011

VOL. 364 NO. 23

Transcatheter versus Surgical Aortic-Valve Replacement in High-Risk Patients

Smith CR, et al. for the PARTNER Trial Investigators

The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

APRIL 28, 2016

VOL. 374 NO. 17

Transcatheter or Surgical Aortic-Valve Replacement in Intermediate-Risk Patients

Leon MB, et al. for the PARTNER 2 Investigators

• 2010 – **Inoperable** patients (STS 11.2%; **mean age 83.1 yrs.**). TAVI superior to OMT at 1 year: death from any cause

• 2011 – **High-Risk** patients (STS 11.8%; **mean age 83.6 yrs**). TAVI non-inferior to SAVR at 1-year: death or disabling stroke (with some marginal advantage of TAVI)

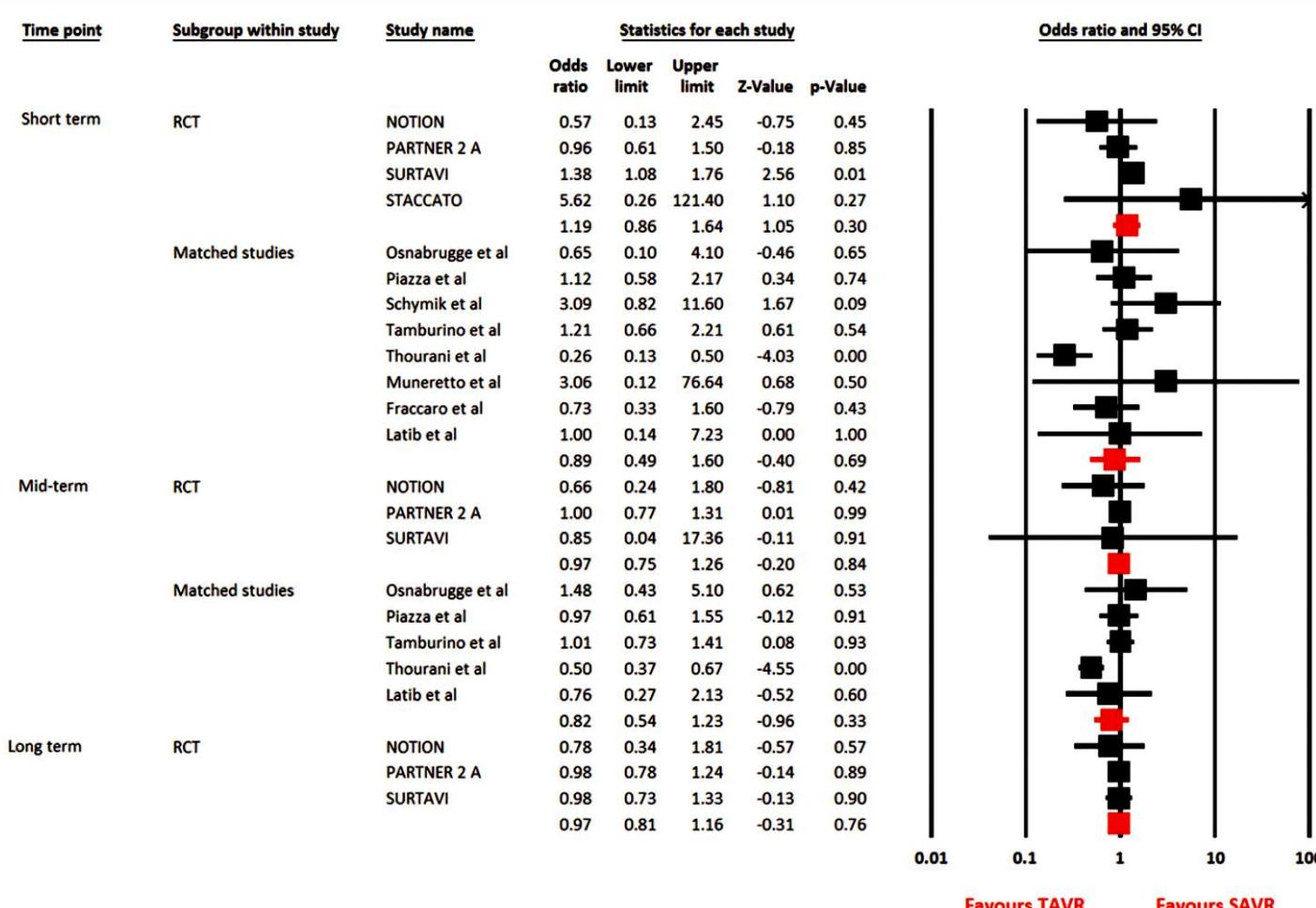
• 2016 – **Intermediate-Risk** patients (STS 5.8%; **mean age 81.5 yrs**). TAVI non-inferior to SVAR: 1-year death or disabling stroke

Transcatheter vs surgical aortic-valve replacement in low-to intermediate-surgical-risk candidates: A meta-analysis and systematic review

Safi U. Khan¹ | Ahmad N. Lone¹ | Muhammad A. Saleem² | Edo Kaluski^{1,3,4}

Clinical Cardiology. 2017;1–8.

**9851 subjects; mean age of populations: 78-83 years
All-cause mortality**



2017 ESC/EACTS Guidelines for the management of valvular heart disease

The Task Force for the Management of Valvular Heart Disease of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)

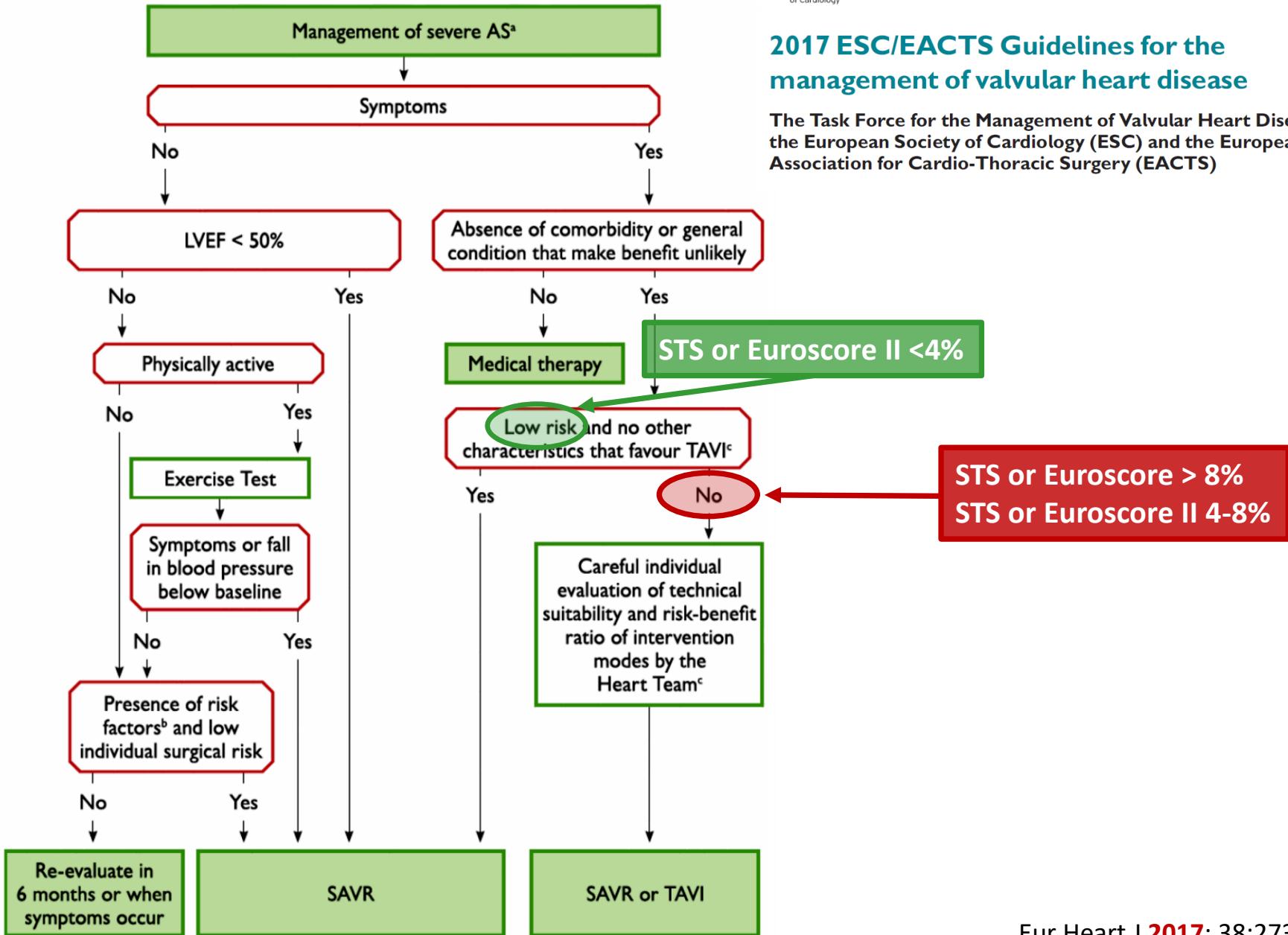


Table 7 Aspects to be considered by the Heart Team for the decision between SAVR and TAVI in patients at increased surgical risk (see Table of Recommendation in section 5.2.)

	Favours TAVI	Favours SAVR
Clinical characteristics		
STS/EuroSCORE II <4% (logistic EuroSCORE I <10%) ^a		+
STS/EuroSCORE II ≥4% (logistic EuroSCORE I ≥10%) ^a	+	
Presence of severe comorbidity (not adequately reflected by scores)	+	
Age <75 years		
Risk factors		
Expected patient survival <5 years		
Severe chest deformation or scoliosis		
Short distance between coronary ostia and aortic valve annulus	+	
Size of aortic valve annulus out of range for TAVI	+	
Aortic root morphology unfavourable for TAVI	+	
Valve morphology (bicuspid, degree of calcification, calcification pattern) unfavourable for TAVI	+	
Presence of thrombi in aorta or LV	+	
Cardiac conditions in addition to aortic stenosis that require consideration for concomitant intervention		
Severe CAD requiring revascularization by CABG	+	
Severe primary mitral valve disease, which could be treated surgically	+	
Severe tricuspid valve disease	+	
Aneurysm of the ascending aorta	+	
Septal hypertrophy requiring myectomy	+	

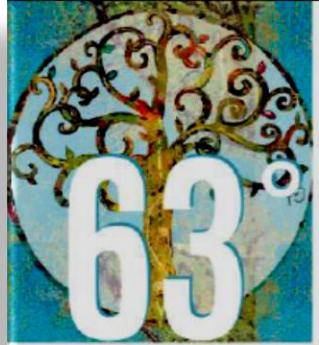
©ESC 2017

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	Favours TAVI	Favours SAVR
Clinical characteristics		
STS/EuroSCORE II <4% (logistic EuroSCORE I <10%) ^a		+
STS/EuroSCORE II ≥4% (logistic EuroSCORE I ≥10%) ^a	+	
Presence of severe comorbidity (not adequately reflected by scores)	+	
Age <75 years		+
Age ≥75 years	+	
Previous cardiac surgery	+	
Frailty ^b	+	
Restricted mobility and conditions that may affect the rehabilitation process after the procedure	+	
Suspicion of endocarditis		+

Elements supporting indication to TAVI: typical domains of geriatric medicine!



63° CONGRESSO NAZIONALE SIGG

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Il Geriatra e la TAVI: a che punto siamo?

Niccolò Marchionni

Ordinario di Geriatria, Università di Firenze
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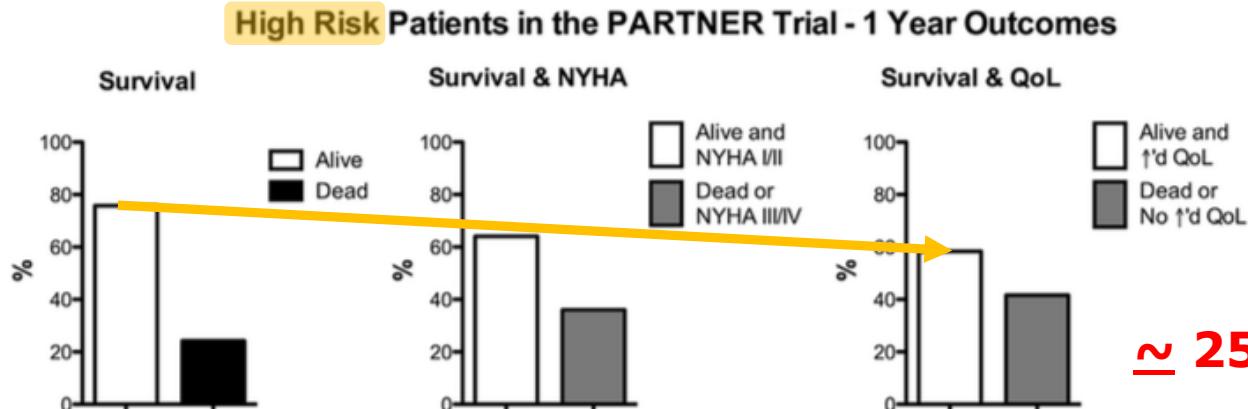
Di cosa voglio parlare

- **Potenziale futilità degli interventi**
- Fragilità e TAVI
- Il geriatra nello Heart Team

Futility, Benefit, and Transcatheter Aortic Valve Replacement

Brian R. Lindman, MD, MSCI,* Karen P. Alexander, MD,† Patrick T. O'Gara, MD,‡
Jonathan Afilalo, MD, MSc§

JACC Cardiovasc Interv 2014



$\approx 25\%$ futility

utility

Figure 1. Survival, Heart Failure Symptoms, and QoL at 1 Year in Patients Treated With TAVR in the PARTNER Trial

Data shown is from the PARTNER Trial (8–11). NYHA = New York Heart Association; PARTNER = Placement of Aortic Transcatheter Valve trial; QoL = quality of life; TAVR = transcatheter aortic valve replacement; ↑d = increased.



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2017 ESC/EACTS Guidelines for the management of valvular heart disease

The Task Force for the Management of Valvular Heart Disease of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)

3.2 Risk stratification

... Patient's life expectancy, expected quality of life and patient preference should be considered ... The **futility** of interventions in patients unlikely to benefit from the treatment has to be taken into consideration, particularly for TAVI ... The role of the **Heart Team** is essential to take all of these data into account ...

Potenziale futilità degli interventi... in un'epoca di risorse limitate...



«CERCHERANNO DI STRONCARCI CON LO SPREAD, MA NON ARRETREREMO DI UN MILLIMETRO» ...

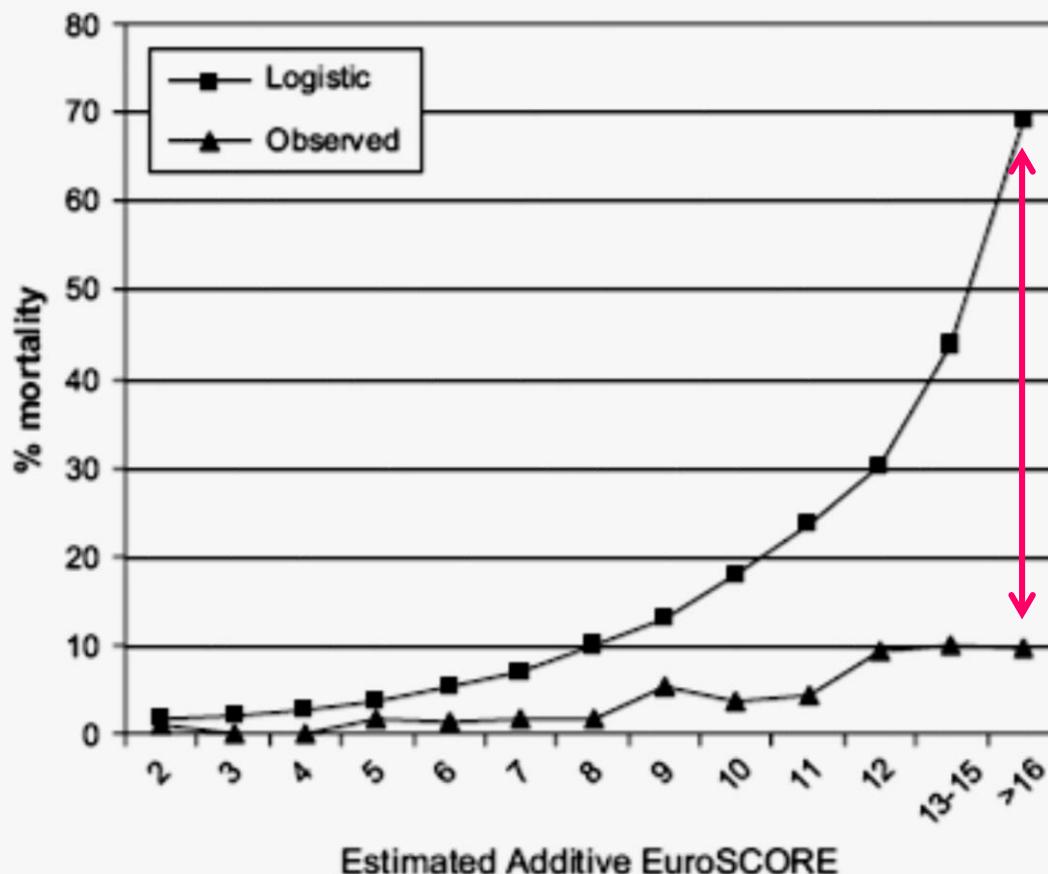
Di cosa voglio parlare

- Potenziale futilità degli interventi
- **Fragilità e TAVI**
- Il geriatra nello Heart Team

Focus on
Frailty and
Cardiac Surgery

Is the European System for Cardiac Operative Risk Evaluation model valid for estimating the operative risk of patients considered for percutaneous aortic valve replacement?

Morgan L. Brown, MD,^a Hartzell V. Schaff, MD,^a Maurice E. Sarano, MD,^b Zhuo Li, MS,^c Thoralf M. Sundt, MD,^a Joseph A. Dearani, MD,^a Charles J. Mullany, MBMS,^a and Thomas A. Orszulak, MD^a



Frailty: a new research issue in cardiac surgery

Role of Frailty in Patients With Cardiovascular Disease

Jonathan Afilalo, MD^{a,*}, Sathya Karunananthan, MSc^b, Mark J. Eisenberg, MD, MPH^{c,d},
Karen P. Alexander, MD^e, and Howard Bergman, MD^b



2009

Frail Patients Are at Increased Risk for Mortality and Prolonged Institutional Care After Cardiac Surgery

Dana H. Lee, Karen J. Buth, Billie-Jean Martin, Alexandra M. Yip and Gregory M. Hirsch

Circulation **2010**

JOURNAL OF THE AMERICAN HEART ASSOCIATION

Evaluation of Multidimensional Geriatric Assessment as a Predictor of Mortality and Cardiovascular Events After Transcatheter Aortic Valve Implantation

Frailty index

Stefan Stortecky, MD,* Andreas W. Schoenenberger, MD,† André Moser, PhD,‡
Bindu Kalesan, PhD,‡ Peter Jüni, MD,‡ Thierry Carrel, MD,§ Seraina Bischoff, RN,*
Christa-Maria Schoenenberger, RN,* Andreas E. Stuck, MD,† Stephan Windecker, MD,*
Peter Wenaweser, MD*

EDITORIAL COMMENT

Frailty Scores and the Writing on the Wall*

Todd M. Dewey, MD



2012

Frailty: It's hard to define, but you know it when you see it

Keith B. Allen, MD

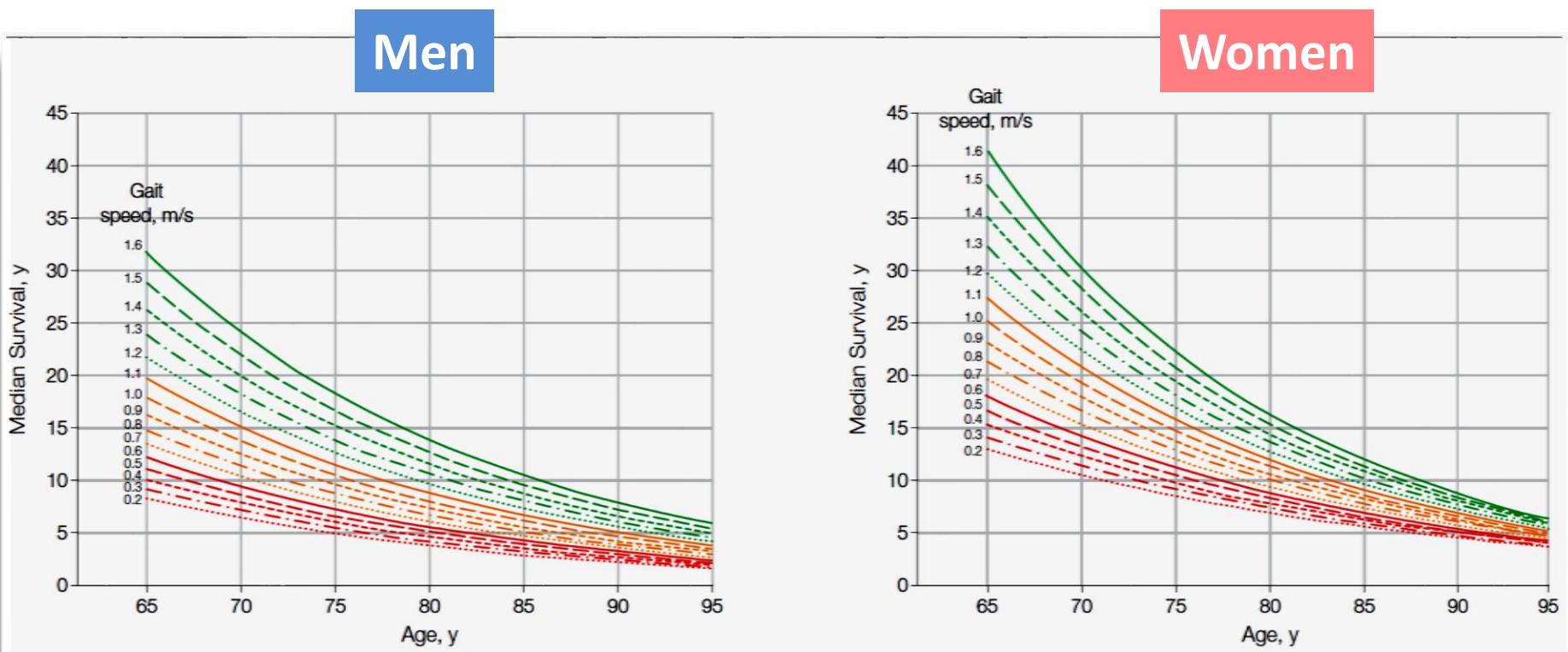
J Thorac Cardiovasc Surg. 2014;148:3117-8



Frailty concept: two 78-year-old patients with severe degenerative mitral valve regurgitation and **comparable Logistic Euro-Score (12%)**

Gait Speed and Survival in Older Adults

Predicted Median Life Expectancy by Age and Gait Speed

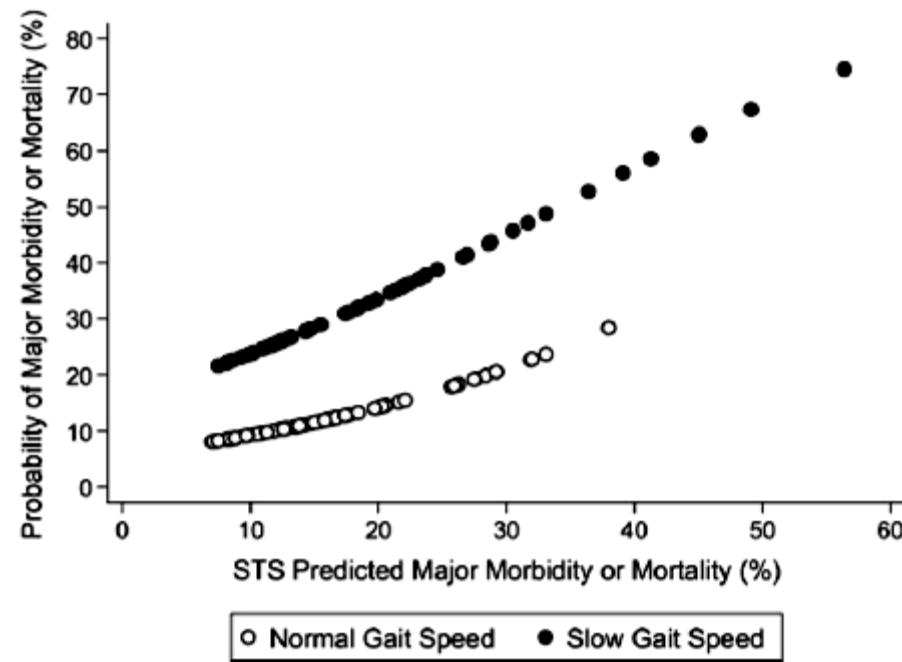
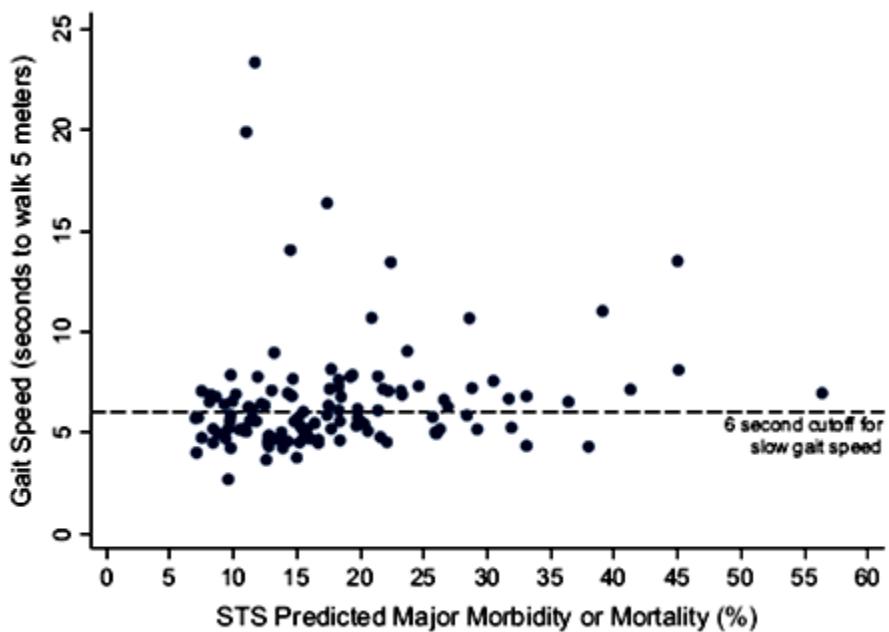


Gait Speed as an Incremental Predictor of Mortality and Major Morbidity in Elderly Patients Undergoing Cardiac Surgery

J Am Coll Cardiol 2010;56:1668–76

Jonathan Afilalo, MD, MSc,*† Mark J. Eisenberg, MD, MPH,*‡ Jean-François Morin, MD,§
Howard Bergman, MD,‡¶ Johanne Monette, MD, MSc,‡¶ Nicolas Noiseux, MD,‡
Louis P. Perrault, MD, PhD,** Karen P. Alexander, MD,†† Yves Langlois, MD,§
Nandini Dendukuri, PhD,† Patrick Chamoun, RRT,§ Georges Kasparian, BSc,‡‡
Sophie Robichaud, RRT,** S. Michael Gharacholou, MD,†† Jean-François Boivin, MD, ScD†‡
Montreal, Quebec, Canada; and Durham, North Carolina

- Age >70 years
- slow gait speed: time \geq 6 sec taken to walk 5 meters



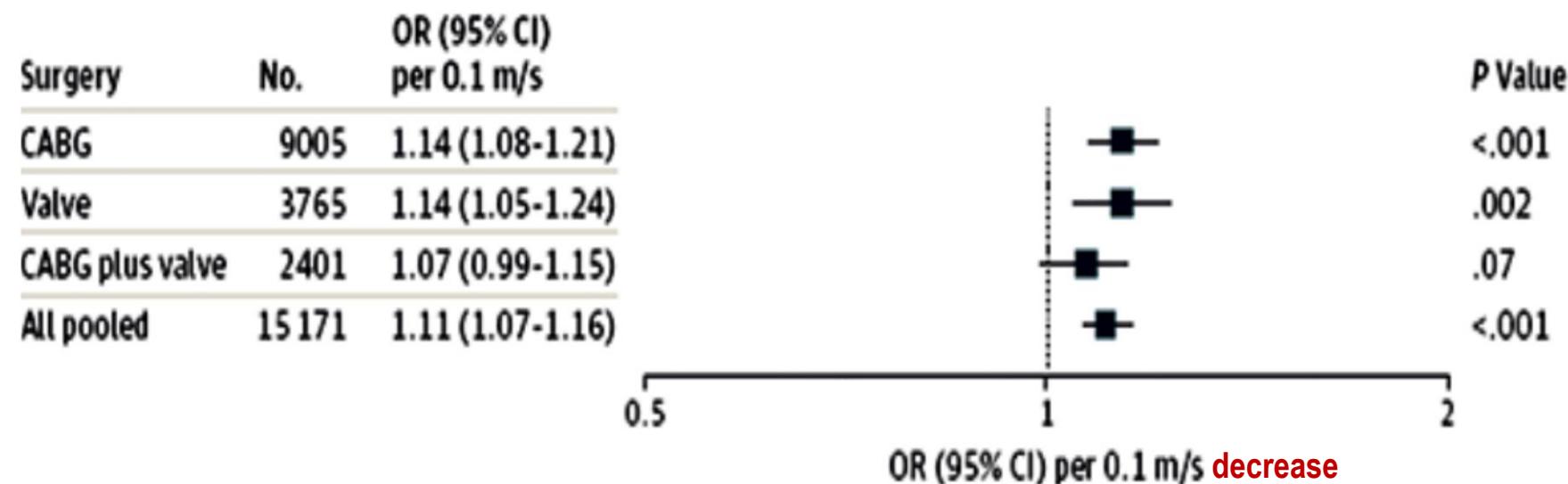
STS: Society of Thoracic Surgeons score

Gait Speed and Operative Mortality in Older Adults Following Cardiac Surgery

Published online
May 11, 2016

Jonathan Afilalo, MD, MSc; Sunghee Kim, PhD; Sean O'Brien, PhD; J. Matthew Brennan, MD, MPH;
Fred H. Edwards, MD; Michael J. Mack, MD; James B. McClurken, MD; Joseph C. Cleveland Jr, MD;
Peter K. Smith, MD; David M. Shahian, MD; Karen P. Alexander, MD

Figure 3. Effect of Gait Speed After Adjusting for Society of Thoracic Surgeons (STS) Predicted Risk



Focus on
Frailty and
TAVI

Predictors of functional decline in elderly patients undergoing transcatheter aortic valve implantation (TAVI)

Andreas W. Schoenenberger^{1†}, Stefan Stortecky^{2†}, Stephanie Neumann¹, André Moser^{1,3}, Peter Jüni³, Thierry Carrel⁴, Christoph Huber⁴, Marianne Gandon², Seraina Bischoff², Christa-Maria Schoenenberger², Andreas E. Stuck¹, Stephan Windecker^{2*}, and Peter Wenaweser²

Table 2 Univariable associations of risk scores (EuroSCORE, STS score and frailty index) and of the frailty index

compromised daily life

Predictor

Risk score

Logistic

Linear

Dichotomized

STS

Linear (OR per 5% increase)

Dichotomized (>5 vs. <5%)

Frailty index

Linear (OR per 1 point increase)

Dichotomized (frail vs. non-frail)

The frailty index, but not established risk scores, was predictive of functional decline.

Refinement of this index might help to identify patients who potentially benefit from additional geriatric interventions after TAVI.

NR²

0.050

0.006

0.068

0.025

0.236

0.142

Frailty index: cognition, **mobility**, nutrition, BADL, IADL

Frailty in Older Adults Undergoing Aortic Valve Replacement

The FRAILTY-AVR Study

JACC VOL. 70, NO. 6, 2017

EFT: Essential Frailty Toolkit

CENTRAL ILLUSTRATION Essential Frailty Toolset in Older Adults Undergoing Aortic Valve Replacement		
	Five chair rises <15 seconds	0 Points
	Five chair rises ≥15 seconds	1 Point
	Unable to complete	2 Points
	No cognitive impairment	0 Points
	Cognitive impairment	1 Point
	Hemoglobin ≥13.0 g/dL ♂ ≥12.0 g/dL ♀	0 Points
	Hemoglobin <13.0 g/dL ♂ <12.0 g/dL ♀	1 Point
	Serum albumin ≥3.5 g/dL	0 Points
	Serum albumin <3.5 g/dL	1 Point

646 TAVR included

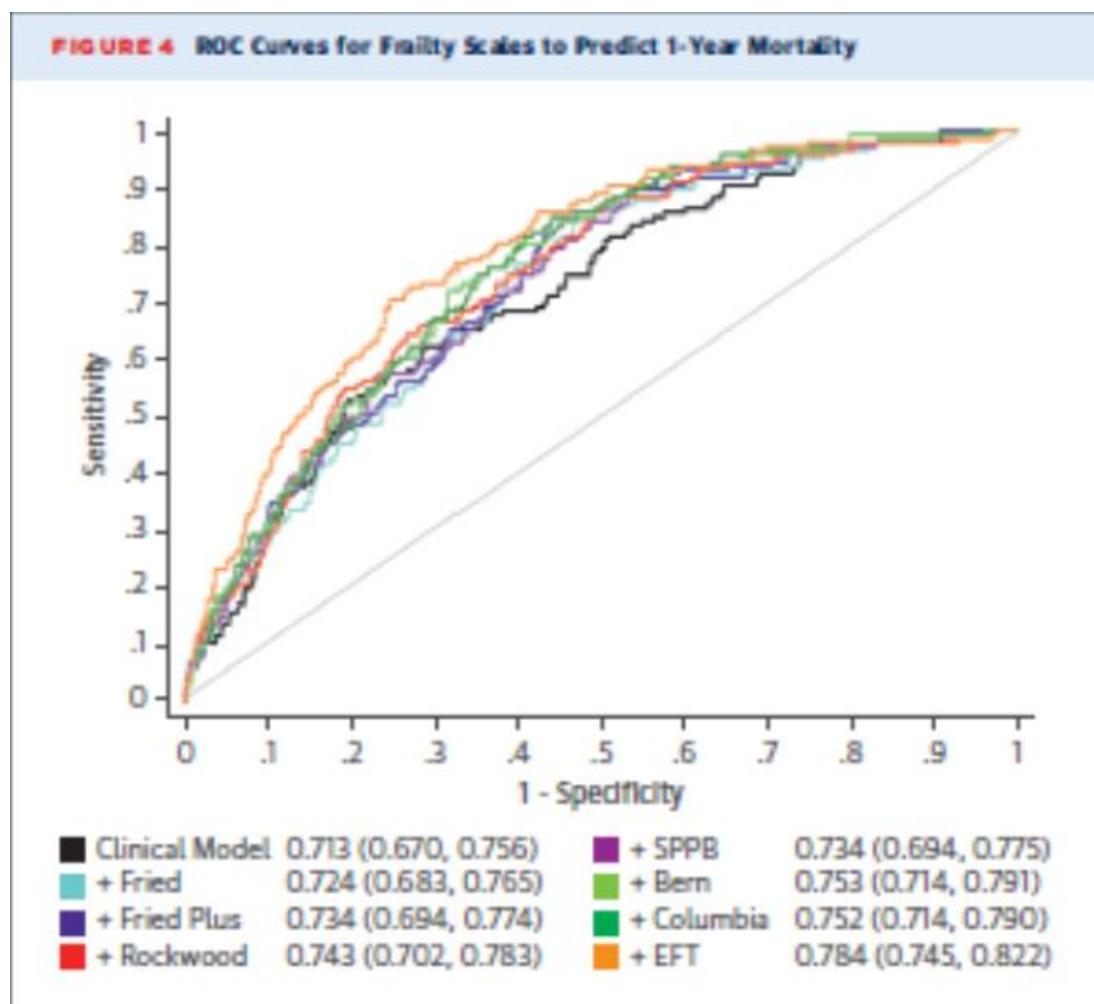
374 SAVR included

EFT Score	1-Year Mortality	
	TAVR	SAVR
0-1	6%	3%
2	15%	7%
3	28%	16%
4	30%	38%
5	65%	50%

Frailty in Older Adults Undergoing Aortic Valve Replacement

The FRAILTY-AVR Study

JACC VOL. 70, NO. 6, 2017





Comprehensive geriatric assessment in patients undergoing transcatheter aortic valve implantation – results from the CGA-TAVI multicentre registry

Andrea Ungar^{1*}, Giulio Mannarino¹, Nathalie van der Velde², Jan Baan³, Marie-Pierre Thibodeau⁴, Jean-Bernard Masson⁴, Gennaro Santoro¹, Martijn van Mourik³, Sofie Jansen², Cornelia Deutsch⁵, Peter Bramlage⁵ , Jana Kurucova⁶, Martin Thoenes⁶, Stefania Maggi⁷ and Andreas W. Schoenenberger⁸

Logistic regression for the prediction of events at 3 months by CGA at baseline

	Multivariable OR (95% CI)	p-value
Death and/or hospitalisation		
Increasing MPI score (high vs. low)	3.34 (1.39–8.02) ^a	0.0068
Decreasing SPPB (low vs. high)	1.15 (1.01–1.54)	0.0380
Increasing Silver Code (high vs. low)	1.03 (0.91–1.15)	0.6576
Death and/or non-fatal stroke		
Increasing MPI score (high vs. low)	4.75 (1.40–16.08)	0.0123
Decreasing SPPB (low vs. high)	1.62 (1.08–2.43)	0.0188
Increasing Silver Code (high vs. low)	1.04 (0.87–1.23)	0.6938

MPI multidimensional prognostic index, SPPB short physical performance battery. All values adjusted for age, gender, NYHA class and surgical risk (EuroSCORE)

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3.3 Special considerations in elderly patients

... Besides specific organ comorbidities, there is **growing interest in the assessment of frailty**, an overall marker of **impairment of functional, cognitive and nutritional status**. Frailty is associated with increased morbidity and mortality after surgery and TAVI. The assessment of frailty should not rely on a subjective approach, such as the ‘eyeball test’, but rather on a combination of different objective estimates ...

Di cosa voglio parlare

- Potenziale futilità degli interventi
- Fragilità e TAVI
- Il geriatra nello Heart Team

A call to action - Geriatricians' experience in treatment of aortic stenosis and involvement in transcatheter aortic valve implantation

The EUGMS TAVI group Survey (2013)



Andrea Ungar, Peter Bramlage, Martin Thoenes, Stefania Zannoni and Jean-Pierre Michel,
European Geriatric Medicine, **2013**

1. Name: _____

2. Care setting of work (tick all that apply):

- Hospital
- Outpatients
- Nursing Home

Other (please specify): _____

3. Do you usually manage elderly patients with aortic stenosis?

- Yes
- No

Project Background

Target group:

Fieldwork: 19.06.2012 – 04.09.2012

Number of respondents: n=323/2500 e-mails (only 141 complete)

Methodology: Online interviews

- Interview duration of 10-15 minutes
- Mainly structured interviews with one open-ended and few semi-open ended questions
- Respondents were able to enter the questionnaire via a link placed in EUGMS homepage

Main topics addressed:

Demographics
& professional
background

1

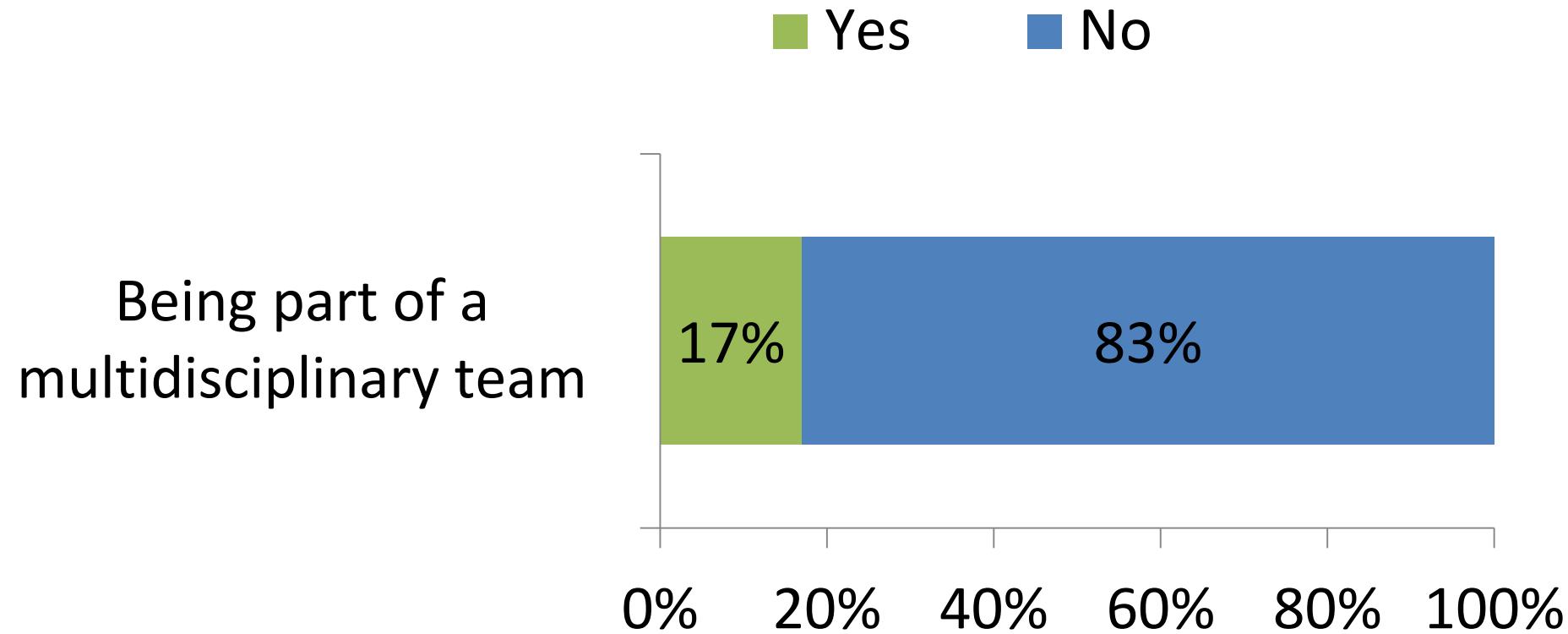
Experience in
treatment of
aortic stenosis

2

Experience
with TAVI

3

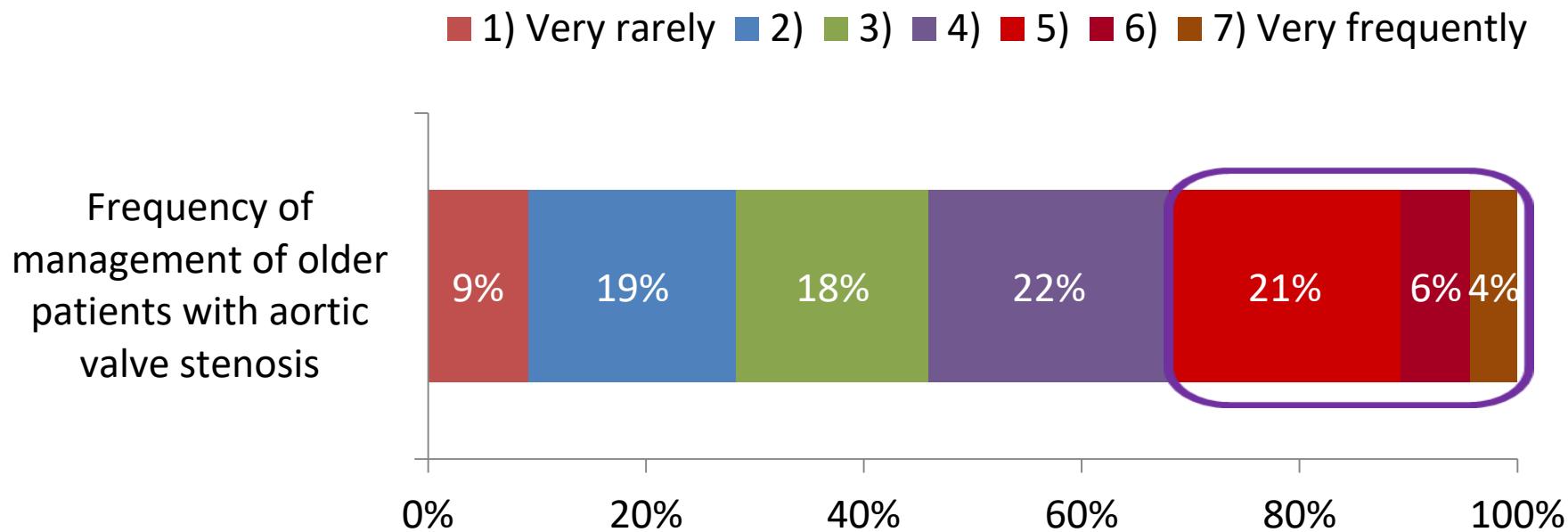
Membership in a multidisciplinary heart team



Only a **minority of respondents (17%)** referring patients for TAVI in the past 2 years are members of a **multidisciplinary** heart team

Frequency of management of patients with AS

31% of respondents (n=341) indicated that they managed patients with AS on a frequent basis.



3. General comments

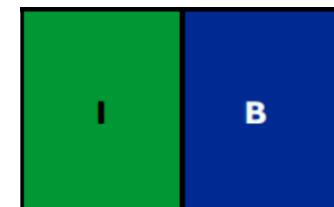
Decision making for intervention should be made by a '**Heart Team**' with a particular expertise in VHD, comprising cardiologists, cardiac surgeons, imaging specialists, anaesthetists and, if needed, general practitioners, **geriatricians** and heart failure, electrophysiology or intensive care specialists.

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Indications for intervention in aortic stenosis and recommendations for the choice of intervention mode

In patients who are at increased surgical risk (STS or EuroSCORE II $\geq 4\%$ or logistic EuroSCORE I $\geq 10\%$ or other risk factors not included in these scores such as **frailty** ...), the decision between SAVR and TAVI should be made by the **Heart Team** according to the individual patient characteristics, with **TAVI being favoured in elderly patients** ...



C.L., donna, 76 anni

Fattori di rischio cardiovascolare:

- Ipertensione arteriosa
- Ex forte fumatrice

Anamnesi:

- 2006 ictus emorragico con vescica neurologica residua; mobilità limitata con ausilio di deambulatore
- Ateromasia carotidea non critica
- BPCO in O₂-terapia domiciliare (1-2 l/min) con riacutizzazioni trimestrali; PFR: grave deficit ventilatorio di tipo ostruttivo non reversibile; FEV1 37%; dispnea classe NYHA III; Hb 11 g/dL, Cr 0.42 mg/dL, **NT-proBNP** 1026 pg/mL
- **Stenosi aortica** nota da circa 4 anni, in follow-up ambulatoriale; ipertrofia concentrica del VS; FE 54%; SAO severa calcifica (G medio 49 mmHg, G max 72 mmHg, Vmax 4.2 m/sec, AVA 0.69 cm²)

Pulmonary Function Tests Overestimate Chronic Pulmonary Disease in Patients With Severe Aortic Stenosis

Mitchell J. Magee, MD, Morley A. Herbert, PhD, Karen L. Roper, PhD,
Elizabeth Holper, MD, Todd M. Dewey, MD, Tricia Snelus, BA, and Michael J. Mack, MD

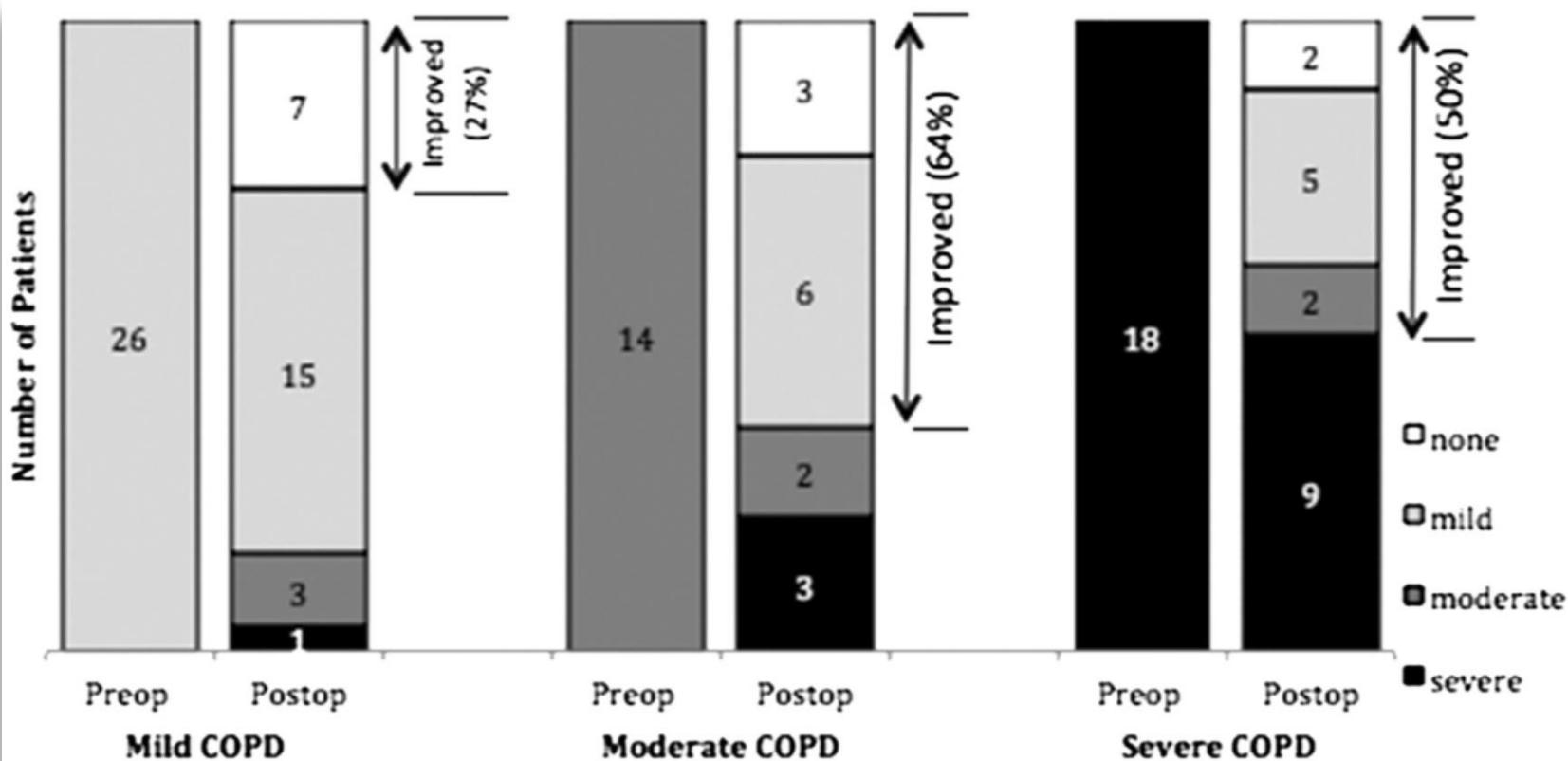
Medical City Dallas Hospital and Cardiopulmonary Research Science and Technology Institute, Dallas, Texas

Table 2. Comparison of Aggregate Preoperative and Postoperative Pulmonary Function Test Results

Pulmonary Function Test	Preop	Postop	p Value (Paired t-test)
FEV1 (% predicted)	56.5 ± 12.8	62.1 ± 20.0	0.011
FVC (% predicted)	59.6 ± 12.3	65.3 ± 16.5	0.008
FEF 25%-75% (% predicted)	49.7 ± 27.3	62.1 ± 43.6	0.006
DLCO (% predicted)	59.4 ± 15.4	56.8 ± 20.4	0.029
FEV1/FVC ratio	0.96 ± 0.17	0.95 ± 0.17	0.422

DLCO = diffusion capacity for carbon monoxide; FEF = forced expiratory flow; FEV1 = forced expiratory volume in 1 second; FVC = forced vital capacity; Postop = postoperative; Preop = preoperative.

Transcatheter Aortic Valve Replacement Results in Improvement of Pulmonary Function in Patients With Severe Aortic Stenosis



Gilmore et al., Ann Thorac Surg 2015

Visita (cardio)-geriatrica

- Autonoma nelle BADL (5/6 incontinenza urinaria), parzialmente nelle IADL (5/8)
- Non decadimento cognitivo né depressione del tono dell'umore
- Short Physical Performance Battery score: 1/12
- EuroScore II 4.45%; STS mortality 6.5%
- **Conclusioni:** paziente con rischio chirurgico intermedio ma molto **fragile**, con autonomia funzionale limitata da COPD e SA



Heart Team (HT) Area Vasta Toscana Centro - AOU Careggi

COMPOSIZIONE, E MODALITÀ OPERATIVE DELL'HT AREA VASTA TOSCANA CENTRO-AOU CAREGGI

1. Direttore DAI Cardiotoracovascolare
2. Direttore SOD Cardiochirurgia
3. Direttore SOD Interventistica Cardiologica Strutturale
4. Direttore SOD Cardiologia Interventistica
5. Cardiologo Interventista o Cardiologo Clinico della AOUC o dell'Area Vasta Toscana Centro che propone e presenta il caso
6. Cardioanestesista
7. Internista SOD Medicina Interna a Indirizzo Cardiovascolare e Perioperatorio; per pazienti con età >75 anche Geriatra (SOD Geriatria-UTIG).

Angio CT: TAVI transfemorale non praticabile

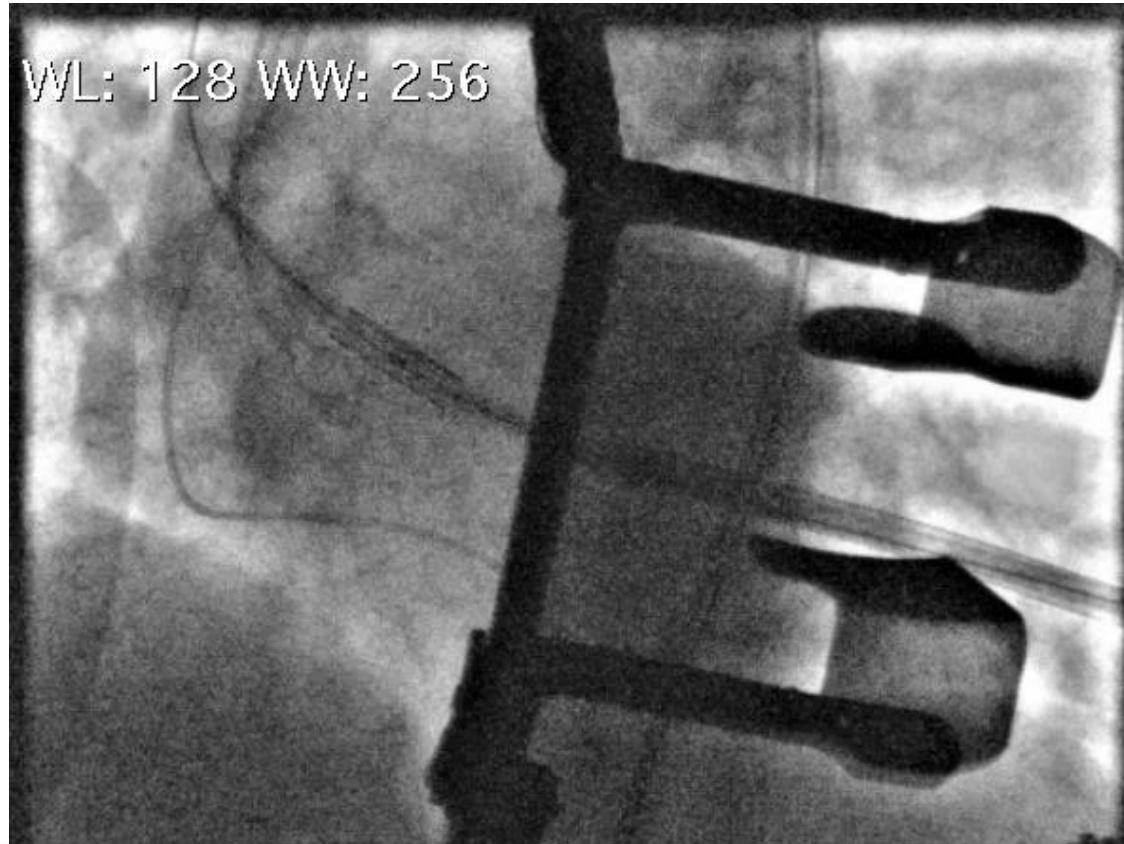


TAVI transapicale?



Heart Team: «SI PUO' FARE !»

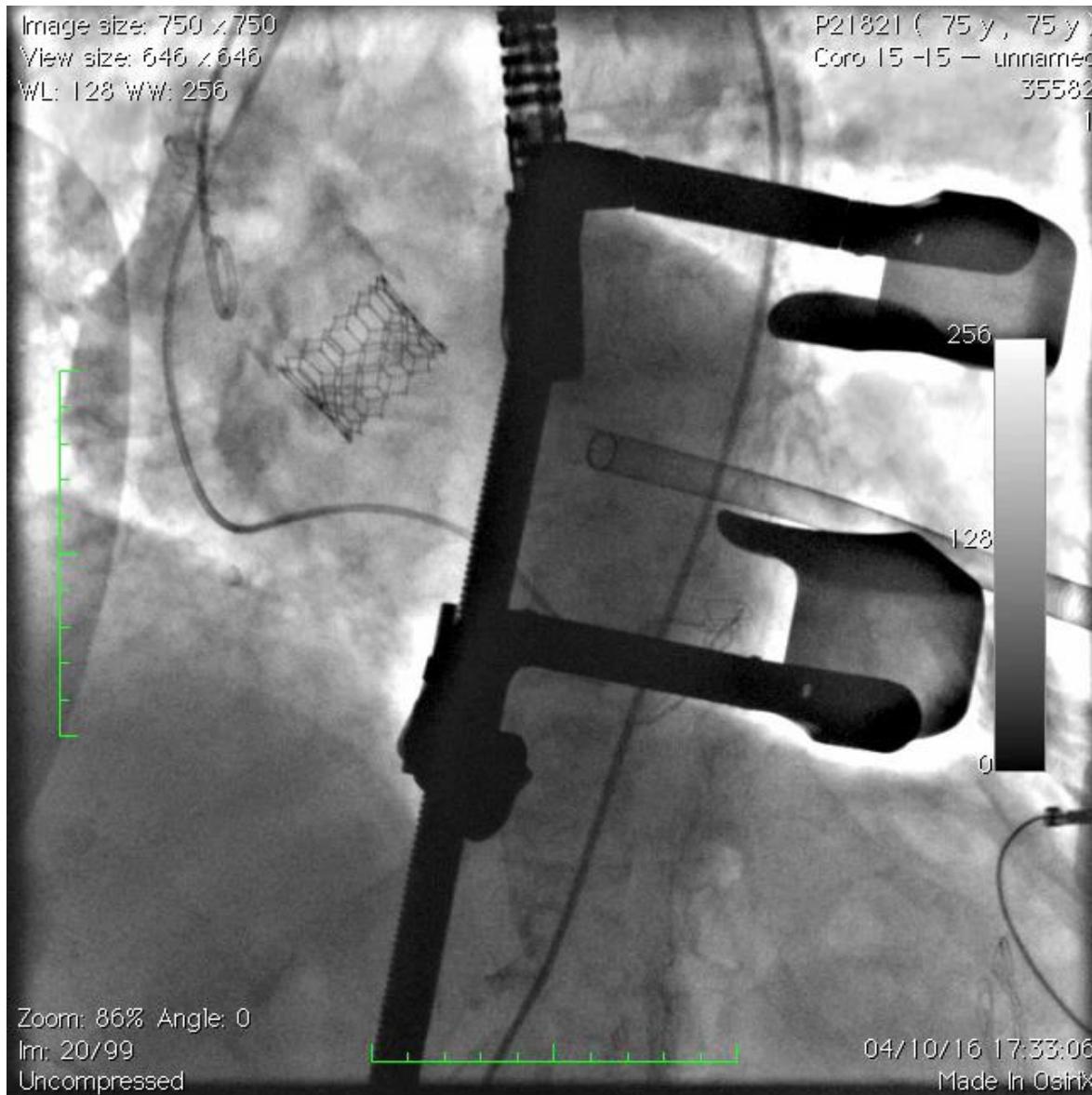
TAVI transapicale



Impianto diretto di protesi Edward Sapien 3 n.23

Zoom: 116% Angle: 0
Im: 1/140

TAVI transapicale



Follow-up (2 mesi)

- Miglioramento funzionale (classe NYHA II)
- Migliorata mobilità e indipendenza (esce di casa per brevi tratti)
- SPPB da 1 a 6

Follow-up 2 mesi



